



Corsini's Point of the Week™

MARCH 15, 2010

The Law of the Garbage Truck

In keeping with my promise at the beginning of the year to offer **positive and inspiring content** in our e-newsletters, I want to share a story my brother sent me a while back. Once again, I wish I could give credit to the author. My heartfelt thanks go out to the original writer, whoever he or she might be.

One day I hopped in a taxi, and we took off for the airport. We were driving in the right-hand lane when, suddenly, a black car pulled out of a parking space directly in front of us. My taxi driver slammed on his brakes, skidded and missed the other car by only inches! The driver of the other car whipped his head around and started yelling at us. My taxi driver just smiled and waved at the guy. I mean, he was really friendly although, clearly, that other driver was in the wrong.

So I asked my taxi driver, "Why did you just do that? This guy almost ruined your car and sent us to the hospital!" This is when my taxi driver taught me what I now call "The Law of the Garbage Truck."

He explained that many people are like garbage trucks. They run around full of garbage in the form of frustration, anger, and/or disappointment. As their garbage piles up, they need a place to dump it and sometimes they'll dump it on you. He told me, "Don't take it personally. Just smile, wave, wish them well and move on." Don't take their garbage and spread it to other people at work, at home or on the streets. The bottom line is this: **Successful, happy people do not let garbage trucks disrupt their day. Life's too short to wake up in the morning with regrets, so... "Love the people who treat you right. Pray for the ones who don't."**

And remember, life is ten percent what you make it and ninety percent how you take it!

CORSINI'S POINT

Linda Levin, my life coach for years, taught me so many things about myself and life in general. One of the things we talked about was how "positive energy breeds more positive energy and negative energy breeds more negative energy." The Law of the Garbage Truck teaches us that when we are faced with negative energy, we should block/deflect that energy with positive energy. Successful people manage their situations and don't let those situations manage them. They take control. They lead. They stay on track. Every "garbage truck" situation is an opportunity to be a model for success. Take advantage of that opportunity.

Quote of the Week

"Let us all be happy and live within our means, even if we have to borrow money to do it."

— Artemus Ward

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